

PARKS AND RECREATION

Marysville Recreation Department.....	810-455-1302
Port Huron Recreation Department.....	810-984-9760
St. Clair City Recreation Department.....	810-329-7121
St. Clair County Parks and Recreation.....	810-989-6960
YMCA of the Blue Water Area.....	810-987-6400

SEXUAL ASSAULT/DOMESTIC VIOLENCE

Carolyn's Place Shelter (BWSH).....	888-985-5538
- Text.....	810-824-7948
Healing Hearts Home.....	586-727-0674
MDHHS Child/Adult Protective Services.....	888-444-3911
Michigan Human Trafficking Task Force.....	888-373-7888
St. Clair County Child Abuse & Neglect Council.....	810-966-9911

SUBSTANCE ABUSE

Alcoholics Anonymous (AA).....	810-987-8884
Blue Water Families Against Narcotics.....	810-334-4867
Blue Water Recovery and Outreach Center (BWROC)....	810-689-4858
Catholic Charities of Southeast Michigan.....	810-987-9100
L.M.P.A.C.T.....	810-985-5437
Huron House.....	810-984-8781
Michigan Narcotics Anonymous (NA).....	877-338-1188
Operation Transformation.....	810-966-8660
Port Huron Odyssey House.....	810-937-5366
Professional Counseling Center.....	810-984-4202
Region 10 Access to Services.....	888-225-4447
Sacred Heart Rehabilitation Center.....	810-987-1258
St. Clair County Community Mental Health.....	810-985-8900
The Exchange - Syringe Services Program (SSP).....	810-987-5300
Vision Quest Recovery Housing.....	810-300-8536

TRANSPORTATION

A Port Huron Taxi.....	810-989-9719
Blue Water Area Transit.....	810-987-7373
City Cab.....	810-984-4109
Council on Aging (60+) Downriver	810-765-8570
- CoA Port Huron.....	810-984-4200
- CoA Yale & Capac.....	844-289-7784

VETERANS

Disability Network Eastern Michigan.....	810-987-9337
John D. Dingell VA Medical Center.....	313-576-1000
- Mental Health Care.....	313-576-4891
Region 10 St. Clair County Veteran's Navigator.....	810-966-3755
St. Clair County Department of Veterans Affairs.....	810-989-6945
Veteran Crisis Line (Press 1)	988
- Hearing Loss.....	800-799-4889
Yale VA Outpatient Clinic.....	810-387-3211

Quick Resources

INFANT AND FAMILY

Children's Special Health Care Services.....	810-987-6102
Community First Health Center.....	810-488-8000
Help Me Grow.....	810-455-4009
Kids In Distress.....	810-326-4505
Maternal Infant Health Program (MIHP).....	810-987-5300
Spero Center.....	810-985-4673
St. Clair County Car Seat Program.....	810-966-3706
WIC.....	810-987-8222

YOUTH

A Beautiful Me.....	810-662-3248
Blue Water Community Action.....	810-982-8541
Boy Scouts of America.....	810-982-9529
Girl Scouts of Southeastern Michigan.....	810-482-6734
L.M.P.A.C.T.....	810-985-5437
MSU Extension (4-H)	810-989-6935
National Runaway Safe Line.....	800-786-2929
Salvation Army.....	810-985-6385
SONS Outreach.....	810-989-7667
Teen Health.....	810-987-1311
The Closet by A Beautiful Me.....	810-841-8828
The Harbor (Ages 9-17)	810-982-8584
The Harbor Street Outreach Program.....	810-982-8584
YMCA of the Blue Water Area.....	810-987-6400
Youth For Christ East Michigan.....	810-982-9551
WINGS of The Harbor (Ages 16-22)	810-989-9602

SENIOR CITIZENS

Area Agency on Aging 1-B.....	800-852-7795
Blue Water Community Action (Food).....	810-982-8541
BWSH - Carolyn's Place (Elder Abuse)	888-985-5538
CoA Port Huron Senior Center.....	810-987-8811
CoA Washington Life Center.....	810-765-3523
CoA Yale Senior Center.....	810-387-3720
Conrad Community Center (CoA).....	810-395-7889
Lakeshore Legal Aid.....	810-985-5107
Library for Assistive Media & Talking Books.....	810-982-3600
Meals on Wheels (CoA).....	810-987-8811
Sanborn Gratiot Memorial Home.....	810-985-5631
Social Security Administration.....	800-772-1213
Sunrise PACE.....	810-388-6300

St. Clair County Help Card



EMERGENCY SERVICES

Police/Fire/EMS.....	911
Dial 2-1-1.....	211
CMH Mobile Crisis Unit.....	810-966-2575
Child/Adult Protection.....	855-444-3911
Domestic Violence - Safe Horizons.....	810-985-5538
Emergency Management.....	810-989-6965
OK2SAY Michigan Student Safety.....	855-565-2729
Poison Control.....	800-222-1222
Suicide & Crisis Lifeline.....	Call/Text 988

COMMUNITY REFERRALS

Operation Transformation.....	810-966-8660
Region 10 Access to Services.....	888-225-4447
St. Clair County Library Referral.....	810-326-4505
United Way of St Clair County.....	211

TABLE OF CONTENTS

Quick Resources	5
- Infant and Family, Youth, and Senior Citizens	
Counseling.....	1
Disability.....	1
Education.....	1
Employment Assistance.....	2
Food.....	2
Healthcare.....	2-3
Housing.....	3
Legal Assistance.....	3
LGBTQ+ Services.....	3
Parks and Recreation.....	4
Sexual Assault/Domestic Violence.....	4
Substance Abuse.....	4
Transportation.....	4
Veterans.....	4



SCAN THE QR CODE
TO VIEW THE ELECTRONIC VERSION OF
THE ST. CLAIR COUNTY HELP CARD

COUNSELING

Blue Water Counseling.....	810-985-5125
Blue Water Safe Horizons (BWSH).....	810-989-5246
Bridge Builders Counseling & Mentoring.....	810-987-8772
Catholic Charities of Southeast Michigan.....	810-987-9100
CMH Mobile Crisis Unit.....	810-966-2575
Colonial Woods Christian Counseling Center.....	810-984-5575
Community First Health Centers.....	810-488-8000
Eastern Michigan Counseling.....	810-364-5800
NorServ Group, Ltd.....	810-329-4798
Professional Counseling Center.....	810-984-4202
Region 10 Access to Services.....	888-225-4447
Renewal Christian Counseling.....	810-966-0099
Save Our Neighborhoods and Streets (SONS).....	810-989-7667
Set Apart Counseling, LLC.....	810-956-9483
St. Clair County Community Mental Health.....	888-225-4447
Teen Health.....	810-987-1311
The Harbor (Ages 9-17)	810-982-8584

DISABILITY

Community Enterprises (CESCC).....	810-982-3261
Disability Network Eastern Michigan.....	810-987-9337
Goodwill Industries.....	810-987-9333
Life Skills Centers Memory Care.....	810-331-0030
Social Security Administration.....	877-895-0042
St. Clair County Community Mental Health.....	810-985-8900
The Arc of St. Clair County.....	810-989-9144
Woodlands Developmental Center.....	810-455-1011

EDUCATION

ADULT

Harrison Adult Learning Center.....	810-455-0029
St. Clair County Community College.....	810-984-3881
The Culinary Institute of Michigan.....	855-487-7888

EARLY CHILDHOOD

Early On.....	810-364-8990
Great Start Readiness Program (GSRP-Preschool)	810-455-4009
Great Start to Quality (Childcare/Preschool)	877-614-7328
Head Start/Early Head Start.....	810-982-8541
Help Me Grow.....	810-455-4009

GENERAL

Blue Water Middle College.....	810-989-5841
Michigan Alliance for Families.....	800-552-4821
St. Clair County Library System.....	810-987-7323
St. Clair County RESA Administration.....	810-364-8990
TEC Center.....	810-364-1362
Virtual Learning Academy.....	810-364-1362
Woodlands Developmental Center.....	810-455-1011

TUTORING

Harbor Impact Ministries.....	810-662-3936
Literacy and Beyond.....	810-824-3932
St. Clair County Literacy Project (x 2307).....	810-987-7323

EMPLOYMENT ASSISTANCE

Goodwill Industries.....	810-987-9333
Michigan Rehabilitation Services.....	810-987-8571
Michigan Works! Macomb/St. Clair.....	810-966-3300
The Unemployment Insurance Agency.....	866-500-0017

FOOD

FOOD BANKS AND PANTRIES

All Nations Church/Family Focus.....	586-321-2246
Blue Water Food Depot.....	810-987-7886
Down River Bread of Life Nutrition Center at St. Martin.....	810-765-5242
Faith Lutheran Church.....	810-985-5733
Food Bank of Eastern Michigan.....	810-239-4441
Full Gospel Church of God.....	810-937-7789
Harbor Impact Ministries.....	810-662-3936
Holy Family Parish Christian Service Food Pantry.....	810-392-2056
Salvation Army.....	810-984-2679
St. Clair Ecumenical Food Pantry.....	810-990-4189
St. John's Food Pantry.....	810-984-5031
St. Nicholas Catholic Church.....	810-395-7572
Trinity Lutheran Church.....	810-984-2993
Trinity United Methodist Church (Algonac Food Pantry).....	810-794-4379
Yale Community Food Fund.....	810-304-1309
YMCA of the Blue Water Area.....	810-987-6400

FOOD/NUTRITION ASSISTANCE

Blue Water Community Action.....	810-982-8541
Downriver Helping Hands Inc.....	810-765-3848
Meals on Wheels (60+)	810-987-8811
Michigan Dept. of Health & Human Services.....	844-464-3447
Mid-City Nutrition Program - Soup Kitchen.....	810-982-9261
MSU Extension Services.....	810-989-6935
Operation Transportation.....	810-966-8660
Salvation Army.....	810-984-2679
St. Martin Nutrition Center (Marine City)	810-765-5242

HEALTHCARE

Ascension River District Hospital.....	810-329-7111
Breastfeeding Peer Counselor (WIC).....	810-987-8222
Community First Health Centers - Algonac.....	810-794-4917
Community First Health Centers - Port Huron.....	810-488-8000
- Dental Clinic.....	810-488-8004
Hunter Hospitality House.....	810-824-3679
Lake Huron Medical Center North Campus.....	810-216-4400
Lake Huron Medical Center Port Huron.....	810-216-1500
- Emergency Department.....	810-216-1580
McLaren Hospital Port Huron.....	810-987-5000
Michigan Dept of Health & Human Services.....	810-966-2000
My Community Dental Centers of Port Huron.....	810-984-5197
People's Clinic for Better Health.....	810-985-4747
Spero Center.....	810-985-4673

HEALTHCARE CONT'

St. Clair County Health Department.....	810-987-5300
Teen Health.....	810-987-1311
Visiting Nurse Association & Blue Water Hospice.....	810-984-4131
Yale Community Health Center.....	810-387-3211

HOUSING/UTILITIES

HOUSING ASSISTANCE

Blue Water Community Action.....	810-982-8541
Blue Water Developmental Housing, Inc.....	810-388-1200
Blue Water Habitat for Humanity.....	810-985-9080
Housing Assessment Resource Agency (HARA).....	810-982-8541
Pathways Shelter.....	810-982-1020
Port Huron Housing Commission.....	810-984-6430
Port Huron Odyssey House.....	810-937-5366
Sanborn Gratiot Memorial Home.....	810-985-5631
Society of St. Vincent De Paul Detroit.....	313-393-2930
The Harbor (Ages 9-17)	810-982-8584
The Harbor Street Outreach Program.....	810-982-8584
The Salvation Army.....	810-984-2679
United Way of St. Clair County.....	810-985-8169
Wings of the Harbor (Ages 16-22)	810-989-9602

UTILITIES

Blue Water Community Action.....	810-982-8541
Housing Assessment Resource Agency (HARA).....	810-982-8541
Michigan Dept. of Health & Human Services.....	844-464-3447
Society of St. Vincent De Paul Detroit.....	313-393-2930
The Salvation Army.....	810-984-2679
United Way of St. Clair County.....	810-985-8169

LEGAL ASSISTANCE

Lakeshore Legal Aid.....	810-985-5107
Legal Services of Eastern Michigan.....	800-322-4512
St. Clair County Probate Court.....	810-985-2066
St. Clair County Friend of the Court.....	810-985-2285
St. Clair County Prosecutor's Office.....	810-985-2400
- Victim Rights.....	810-985-2301

LGBTQ+ SERVICES

LGBT National Coming Out Support Hotline.....	888-688-5248
LGBT National Hotline.....	888-843-4564
LGBT National Senior Hotline (50+)	888-234-7243
LGBT National Youth Talkline (Under 25)	800-246-7743
LGBTQ Support Group (SCCCMH).....	810-488-8849
PFLAG of Port Huron.....	pflagporthuron@gmail.com
St. Clair County Community Mental Health.....	810-985-8900
The Trevor Project.....	866-4-U-Trevor
Transgender Michigan - Port Huron Chapter.....	800-842-2954